PERRY'S WAFFLES

From the kitchen of
Perry & Caroline Beard

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A Belgian waffle-maker goes a long way toward assuring a light, toasty breakfast treat!

DRY INGREDIENTS:

1 cup @:
- **Buckwheat flour**
- **Whole wheat flour**
- **Cornmeal**

½ cup plain unbleached flour
2 tsp salt
2 Tbsp baking powder

(Keep this mixture made up & stored in a cool place – makes several small batches)

PREPARATION:

To 1 cup Dry Mix
Mix & add:
- **1 egg**
- **a cup cooking oil**
- **1 cup buttermilk**

Ladle into waffle maker;
bake per manufacturer's instructions.

Perry serves these waffles with
cottage cheese &
Grammy Martin's pear marmalade.

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